

## No Cost Energy Saving Tips

- Lower water heater temp to 120 degrees
- Turn off lights and television when leaving the room
- In the winter, set the thermostat at 68 degrees; in the summer, set at 78 degrees.
- Use energy-saving settings on washer, dryer, dishwasher, and refrigerator
- Run the dishwasher only when full and use the air dry feature
- Wash full loads of clothes in cold water
- If washing a smaller load, select the appropriate water level and use the shortest cycle possible
- Use automatic dryer settings instead of timed cycles and do not over-dry clothes
- Empty lint screens on dryers after each use to shorten dryer time
- Clean refrigerator condenser coils at least once a year
- Set refrigerator at 38 degrees, and 0-5 degrees in the freezer. Keep refrigerators and freezers full: it's more efficient
- Have two refrigerators? Unplug the extra one
- Make sure there's a sufficient seal on the refrigerator door
- Open drapes in the winter to let in the sun; close them in the summer to cool down the house
- If you have a fireplace, make sure the damper is tightly closed when it's not in use
- Take 10-minute showers rather than baths
- Don't let the hot water run while washing hands, brushing teeth or shaving, or hand-washing dishes
- Don't run appliances such as washer/dryers or dishwashers during peak energy hours: 7-9am and 4-7pm